

SAMPLE

# John Smith Snapshot



Pronouns: He/him

Gender Identity: Male

Diagnoses: Autism, ADHD

## Supports:

- Sensory breaks to allow my nervous system to regulate (e.g. access to headphones, a quiet space away etc)
- Establishing relational safety with adults
- Needs to explain the whys and work for buy-in rather than accepting that I need to do things at face value
- Being flexible with work requirements to demonstrate what is known
- Support to start a task, particularly in writing
- Predictability around what is going to happen. including change of teachers and enforcement of rules
- Co-regulation when things change/not allowed access to the way would like it done

## Strengths/Interests:

- Scientific in nature and enjoys researching items
- Dinosaurs
- LEGO
- Excellent at patterns and idea generation

## Traits

- High empathy for animals; regulatory
- Direct in communication style
- Socialises on their own terms
- Precise in the way they like things done; Perfectionist
- Sensitive to noise and textures

# Snapshot



Pronouns:

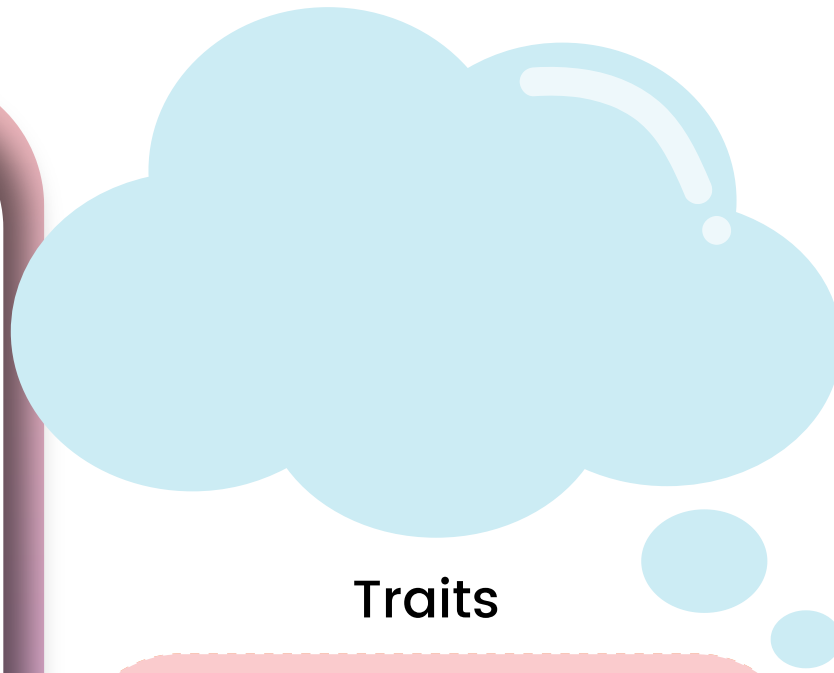
Gender Identity:

Diagnoses:

Strengths/Interests:

Supports:

A large, empty, rounded rectangular box with a thick purple border, intended for writing notes under the 'Supports' heading.



Traits

A large, empty, rounded rectangular box with a thick pink border and a white outline, intended for writing notes under the 'Traits' heading.

SAMPLE

# John Smith Snapshot



## Supports:

- brain breaks with friends (kicking footy, quiet space)
- headphones when it's noisy
- needing more information about new events
- extra time to process tasks
- Squirtle/fidgets in hand when seated
- needing to draw or support to generate writing ideas

## Strengths/Interests:

- Maths - learning new strategies
- Sports
- Reading
- World War 2

## Signs I'm not okay:

- moving around a lot
- stressed look
- head down on table
- staring at work
- laying down on Squirtle

## What I find challenging:

- friends not being there
- friends introducing a different way of playing
- writing down my thoughts and generating ideas
- new activities that I haven't done before
- new teachers

## I love when my teachers:

- get my interests
- understand my signals
- motivate me to do better when my work isn't up to standard
- are friendly and joke with me



# Snapshot

Supports:

Strengths/Interests:



Signs I'm not okay:



What I find  
challenging:



I love when my teachers:

